

Caregiver Coffee & Support Groups

Caregiver Coffee is intended to be a safe and confidential place to get together with other people who understand what you are going through. A place to express the joys, frustration, humor and anger that can be associated with caregiving for your loved one.



Pullman, WA

2nd Monday of the month
2 pm to 4 pm

&

4th Monday of the month
2 pm to 4 pm

Regency Senior Living Community
1285 SW Center St.
Pullman, WA 99163

Colfax, WA

1st Monday of the month
3:30 pm to 5 pm

&

3rd Monday of the month
3:30pm to 5 pm

Whitman Library
102 S. Main St.
Colfax, WA 99111

Malden, WA

1st Friday of the month
&

3rd Friday of the month
12:30 – 2:00

At the Malden Library

- Find support from other people in similar situations
- Learn about community resources
- Problem solving strategies
- Coffee and treats are provided
- All unpaid caregivers are welcome to join

If your loved one needs companion care or is unable to be left alone while you participate in group, please contact Melissa for assistance 509.332.0365. Contact Melissa for additional information.